



ST EDMUND CAMPION PSHE CURRICULUM MAP

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
EYFS 1	<i>New beginnings and settling in</i> <i>Managing self</i> <i>PANTS rules</i> <i>Building relationships, sharing and friendship ('The Rainbow Fish' by Marcus Pfister)</i> <i>Our diverse world ('Handa's Surprise' by Eileen Browne)</i>	Religious Understanding: Creation story. God's love and purpose.	Religious Understanding: Jesus as a role model. Loving and serving others.	Life Online: Introduction to the internet. Safe internet use. Online gaming safety.	Religious Understanding: The Holy Trinity and God's love. Loving others as God loves us. Community and the power of loving actions.	Living in the Wider World: Summer Term 1 continued.
EYFS 2		Me, My Body, My Health: Uniqueness and God's creation. Healthy lifestyle and self-care. Body safety and awareness.	Life Cycles: Life cycle and growth. Feelings about change and transitions. God's unchanging love.	Keeping Safe: Online and personal safety. Bodily privacy and trust. Medicine safety and emergency services.	Living in the Wider World: Responsibilities to people and the planet. Jobs, work, and personal strengths. Needs vs. wants and the value of love.	
Year 1	Mental Health and Anxiety: <i>This programme helps children explore and answer their big questions, offering the treasures of the Catholic faith as support for mental health and well-being.</i>	Religious Understanding: Jesus' love and welcoming children. God's love and purpose for us. Spiritual and emotional growth.	Religious Understanding: The story of the Prodigal Son. God's unconditional love. Applying love and forgiveness in our lives.	Life Online: Understanding emotions in online and real life. Online safety rules and recognising risks. Feeling safe both physically and emotionally online.	Religious Understanding: The Holy Trinity and its meaning. Loving and serving our neighbours. Understanding community and kindness.	Living in the Wider World: Summer Term 1 continued.
		Me, My Body, My Health: God's love and celebrating uniqueness. Celebrating and understanding our bodies. Caring for our bodies as a gift from God.	Life Cycles: God's love through all stages of life. The human life cycle: birth, change and death. Celebrating growth and embracing change.	Keeping Safe: Good vs. bad secrets and resisting pressure. Safety around harmful substances. Emergency situations and basic First Aid.	Living in the Wider World: Belonging to and contributing to communities. Vocation, strengths, and gifts from God. Understanding money, needs vs. wants, and valuing love over material things.	
		Emotional Well-Being: Understanding and expressing emotions. Empathy and recognising differences in feelings. Managing feelings and learning from consequences.	Personal Relationships: Identifying and trusting who their special people are. Behaviour and its impact on others. Apologising and the importance of forgiveness.		Water Safety <i>Being safe near water.</i> <i>What to do in an emergency.</i>	
Year 2	Mental Health and Anxiety: <i>This programme helps children explore and answer their big questions, offering the treasures of the Catholic faith as support for mental health and well-being.</i>	Religious Understanding: Jesus' love and welcoming children. God's love and purpose for us. Spiritual and emotional growth.	Religious Understanding: The story of the Prodigal Son. God's unconditional love. Applying love and forgiveness in our lives.	Life Online: Understanding emotions in online and real life. Online safety rules and recognising risks. Feeling safe both physically and emotionally online.	Religious Understanding: The Holy Trinity and its meaning. Loving and serving our neighbours. Understanding community and kindness.	Living in the Wider World: Summer Term 1 continued.
		Me, My Body, My Health: God's love and celebrating uniqueness.	Life Cycles: God's love through all stages of life. The human life cycle: birth, change and death.	Keeping Safe:	Living in the Wider World: Belonging to and contributing to communities.	

		Celebrating and understanding our bodies. Caring for our bodies as a gift from God. Emotional Well-Being: Understanding and expressing emotions. Empathy and recognising differences in feelings. Managing feelings and learning from consequences.	Celebrating growth and embracing change. Personal Relationships: Identifying and trusting who their special people are. Behaviour and its impact on others. Apologising and the importance of forgiveness.	Good vs. bad secrets and resisting pressure. Safety around harmful substances. Emergency situations and basic First Aid.	Vocation, strengths, and gifts from God. Understanding money, needs vs. wants, and valuing love over material things. Water Safety <i>Being safe near water.</i> <i>What to do in an emergency.</i>	
Year 3	Mental Health and Anxiety: <i>This programme helps children explore and answer their big questions, offering the treasures of the Catholic faith as support for mental health and well-being.</i> Road Safety <i>How to keep safe around roads.</i> <i>The Green Cross Code.</i>	Religious Understanding: The story of Jesus' healing of Jairus' daughter and living with purpose. Understanding the Sacraments of Baptism and Reconciliation. Experiencing heaven through prayer, Sacraments, and relationships. Me, My Body, My Health: Celebrating uniqueness. Respecting our bodies. Understanding puberty. Puberty changes and terminology. Emotional Well-Being: Understanding emotions. Media and stereotypes. Resilience and healthy choices.	Religious Understanding: The story of The Prodigal Son. God's love and forgiveness. Sin and relationships. Life Cycles: Creation and birth. Death and eternal life. Coping with change. Personal Relationships: Complex relationships and friendship. Recognising and resisting bullying.	Life Online: Staying safe in the digital world. Cyberbullying and reporting inappropriate content. Keeping Safe: Understanding abuse and trust. Substance awareness and making healthy choices. First aid and emergency response. Legal rights, responsibilities and diversity.	Religious Understanding: The Holy Trinity and community. The Church's mission and Catholic Social Teaching. Living in the Wider World: Love in action and community care. Vocation, skills and future aspirations. Money management, values and faith. Water Safety <i>Risks around bodies of water.</i> <i>Being safe near water.</i> <i>What to do in an emergency.</i>	Living in the Wider World: Summer Term 1 continued.
Year 4	Primary Quo Vardis - Mental Health and Anxiety: <i>This programme helps children explore and answer their big questions, offering the treasures of the Catholic faith as support for mental health and well-being.</i> Road Safety <i>How to keep safe near and on roads.</i> <i>How to cross the road safely.</i> <i>How to wear a helmet correctly.</i> <i>How to keep safe in a car.</i>	Religious Understanding: The story of Jesus' healing of Jairus' daughter and living with purpose. Understanding the Sacraments of Baptism and Reconciliation. Experiencing heaven through prayer, Sacraments, and relationships. Me, My Body, My Health: Celebrating uniqueness. Respecting our bodies. Understanding puberty. Puberty changes and terminology. Emotional Well-Being: Understanding emotions. Media and stereotypes. Resilience and healthy choices.	Religious Understanding: The story of The Prodigal Son. God's love and forgiveness. Sin and relationships. Life Cycles: Creation and birth. Death and eternal life. Coping with change. Personal Relationships: Complex relationships and friendship. Recognising and resisting bullying.	Life Online: Staying safe in the digital world. Cyberbullying and reporting inappropriate content. Keeping Safe: Understanding abuse and trust. Substance awareness and making healthy choices. First aid and emergency response. Legal rights, responsibilities and diversity.	Religious Understanding: The Holy Trinity and community. The Church's mission and Catholic Social Teaching. Living in the Wider World: Love in action and community care. Vocation, skills and future aspirations. Money management, values and faith. Water Safety <i>Risks around bodies of water.</i> <i>Being safe near water.</i> <i>What to do in an emergency.</i>	Living in the Wider World: Summer Term 1 continued.

Year 5	Primary Quo Vardis - Mental Health and Anxiety: This programme helps children explore and answer their big questions, offering the treasures of the Catholic faith as support for mental health and well-being.	Religious Understanding: The story of Jesus Calming the Storm. Faith and trust in God. God's care and protection. Me, My Body, My Health: Celebrating differences and self-confidence. Respecting and caring for our bodies. Emotional Well-Being: Building resilience against external pressures. Understanding emotions and taking responsibility. Managing feelings and emotional expression. The impact of internet content and healthy digital boundaries.	Religious Understanding: The story of Zacchaeus. God's call to love others. Personal Relationships: Coping with peer pressure. Consent, bodily autonomy and saying 'no'. Internal pressures and self-relationships. Fairness, bullying, prejudice and discrimination.	Life Online: Digital safety – sharing and protecting personal information. Cyberbullying – safe chatting, impact and reporting. Keeping Safe: Understanding abuse, rights and trusted adults. Impact of drugs, alcohol and tobacco on health. Making good choices and coping with peer pressure. First aid training.	Religious Understanding: Deepening understanding of the Holy Trinity and God's love. Catholic Social Teaching and living in society with each other. Living in the Wider World: Applying Catholic Social Teaching to real-world issues. Understanding work, aspirations and gender stereotypes. Financial awareness, generosity and tithing. Fire Safety What the fire service does. What to do in an emergency. Water Safety Risks around bodies of water. Being safe near water. What to do in an emergency.	Living in the Wider World: Summer Term 1 continued Me, My Body, My Health: Puberty for girls. Puberty for boys. Life Cycles: Baby's development. Sexual intercourse. Menstruation. Death and grief. Transition to Secondary school.
	Primary Quo Vardis - Mental Health and Anxiety: This programme helps children explore and answer their big questions, offering the treasures of the Catholic faith as support for mental health and well-being. Road Safety How to keep safe near and on roads. Why to wear a helmet. How fast cars can go and emergency stops. How to cross the road safely.	Religious Understanding: The story of Jesus Calming the Storm. Faith and trust in God. God's care and protection. Me, My Body, My Health: Celebrating differences and self-confidence. Respecting and caring for our bodies. Emotional Well-Being: Building resilience against external pressures. Understanding emotions and taking responsibility. Managing feelings and emotional expression. The impact of internet content and healthy digital boundaries.	Religious Understanding: The story of Zacchaeus. God's call to love others. Personal Relationships: Coping with peer pressure. Consent, bodily autonomy and saying 'no'. Internal pressures and self-relationships. Fairness, bullying, prejudice and discrimination.	Life Online: Digital safety – sharing and protecting personal information. Cyberbullying – safe chatting, impact and reporting. Keeping Safe: Understanding abuse, rights and trusted adults. Impact of drugs, alcohol and tobacco on health. Making good choices and coping with peer pressure. First aid training.	Religious Understanding: Deepening understanding of the Holy Trinity and God's love. Catholic Social Teaching and living in society with each other. Living in the Wider World: Applying Catholic Social Teaching to real-world issues. Understanding work, aspirations and gender stereotypes. Financial awareness, generosity and tithing. Water Safety Risks around bodies of water. Being safe near water. What to do in an emergency.	Living in the Wider World: Summer Term 1 continued Me, My Body, My Health: Puberty for girls. Puberty for boys. Life Cycles: Baby's development. Sexual intercourse. Menstruation. Death and grief. Transition to Secondary school.
In addition to the planned curriculum, we also promote the children's' understanding of the protected characteristics through a variety of assemblies and workshops e.g. Bart Gee, Deaf Awareness, Autism Awareness, author visits etc.						
STAY SAFE – WORK HARD – BE KIND						